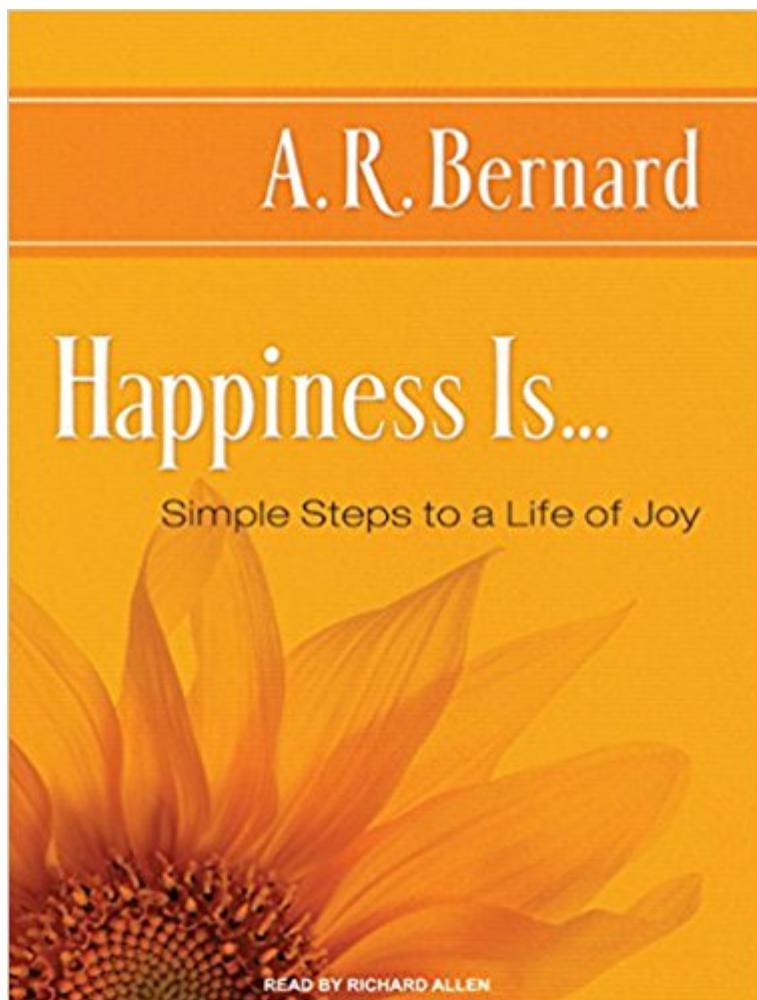


The book was found

# Happiness Is...: Simple Steps To A Life Of Joy



## **Synopsis**

A. R. Bernard, the founder and spiritual leader of the 26,000-member New York Christian Cultural Center, presents an inspiring examination of happiness: what it is, how to find it, and how to keep it. If money doesn't win happiness, then what does? Drawing on scripture, common sense, and inspirational quotes from an array of celebrities-including Maya Angelou, Mother Teresa, Quincy Jones, and Oprah Winfrey-Happiness Is... is a powerful program that can help anyone escape from the grip of negativity and achieve the spiritual prosperity that can only come with discipline and wisdom. "Happiness isn't a commodity that can be purchased in a store," counsels Bernard. "It's a by-product of the way you choose to live and the things you choose to think." Happiness Is... teaches listeners not to worry about what they can't control, inspiring them instead to use the talents that God has already given them-and to infuse every day with the faith that enables them to lead purposeful, principled lives. "Are you willing to celebrate your life today?" Bernard asks. "God's love for you is infinite. Accept it joyfully...and be happy. Now."

## **Book Information**

Audio CD

Publisher: Tantor Audio; Unabridged edition (November 20, 2007)

Language: English

ISBN-10: 1400105560

ISBN-13: 978-1400105564

Product Dimensions: 6.4 x 1.1 x 5.3 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 3.9 out of 5 starsÂ  See all reviewsÂ  (11 customer reviews)

Best Sellers Rank: #11,059,896 in Books (See Top 100 in Books) #86 inÂ  Books > Books on CD > Religion & Spirituality > Inspiration #5573 inÂ  Books > Books on CD > Health, Mind & Body > Self Help #5575 inÂ  Books > Books on CD > Health, Mind & Body > Personal Growth

## **Customer Reviews**

I felt that this book did not have the same depth of spirituality as Dr. Bernard's sermons, it is more like a journal of quotes and references. There were no actual "steps" to a life of joy. Nor were there any in depth exploration of this process, or the connection to the Bible and how we can achieve spiritual happiness...

Stop your complaints! Stop with the excuses! With this very inspiring and engaging book, A.R.

Bernard literally takes you by the hand and uncovers the simple route to happiness. This is truly a book for everyone!

I am probably biased since I am a member of his church. He is an awesome speaker and is very worldly and spiritually wise. It is a pleasure to hear him exhort on scriptures and how it relates to today and our everyday lives/situations. Buying it online is better than buying it in a bookstore, big savings. It is \$14 in the bookstore. I look forward to his next project called "Chasing donkeys" (referring to how Samson stumbled into his purpose)

I think this book is a wonderful gift to give someone. It is meant to inspire. Pastor A.R. Barnard is a gifted teacher of the word. This book is what it says simple steps to a life of joy.

I bought two copies of this book. I didn't realize it was more for reflection than just a straight-through read. Pastor Bernard is a very insightful preacher. If you're looking for reflective reading at the start, middle or end of the day this is a good pick. The cover is cheery and makes a nice table focal piece.

I like this book. I have not had a chance to finish reading it, but I am looking forward to reading all of it.

[Download to continue reading...](#)

Happiness Is...: Simple Steps to a Life of Joy YOUR ULTIMATE WEALTH BIBLE : Simple Steps to a Life of Happiness and Financial Freedom: 3 Money Manifestation Books in One (Ultimate Guide To Prosperity) The Art of Happiness in a Troubled World (Art of Happiness Book) The Pursuit of Happiness: Ten Ways to Increase Your Happiness (Paul G. Brodie Seminar Series Book 3) El Poder de la alegría - The power of real Happiness: Pequeños detalles que nos cambian la vida - Happiness Factory (LAS CLAVES PARA TENER A FAVOR EN LA VIDA) (Spanish Edition) Catastrophic Happiness: Finding Joy in Childhood's Messy Years The Book of Joy: Lasting Happiness in a Changing World The Joy of Living: Unlocking the Secret and Science of Happiness Joy on Demand: The Art of Discovering the Happiness Within Joy Of First Classics (Joy Of...Series) The Joy of First Year Piano (Joy Of...Series) The Joy of Ballet Music: Piano Solo (Joy Of...Series) The Joy of Waltzes, Tangos and Polkas: Piano Solo (Joy Books (Music Sales)) Joy on the Job . . . . Over 365 Ways to Create the Joy and Fulfillment You Deserve Living the Quaker Way: Discover the Hidden Happiness in the Simple Life 30 Days - Change your habits, Change your life: A couple of simple steps every day to create the life you want Eight Steps to Happiness: The Buddhist Way of

Loving Kindness Eight Mindful Steps to Happiness: Walking the Path of the Buddha Eight Mindful Steps to Happiness: Walking the Buddha's Path What Do Pulleys and Gears Do? (What Do Simple Machines Do?) (What Do Simple Machines Do?) (What Do Simple Machines Do?)

[Dmca](#)